

	Autumn	Spring	Summer
Year 10	Unit 1 – Planning and Leading Sports Activities 1.1 Know the skills, qualities and responsibilities associated with successful sports leadership	Unit 1 - Planning and Leading Sports Activities 2.1 – Be able to plan and lead an activity session 3.1 - Be able to review their planning and leadership of a sports activity 4.1 - Be able to assist in the planning and leading of a sports event	Unit 1 - Planning and Leading Sports Activities 5.1 - Be able to review their planning and leadership of a sports event
Year 11	Unit 2 – Injury in Sport 1.1 & 1.2 - Know the different types of injuries and illness associated with sports participation 2.1 - Be able to deal with injuries and illnesses associated with sports participation 3.1 - Know the risks and hazards associated with sports participation	Unit 2 – Injury in Sport 4.1 - Be able to undertake a risk assessment relevant to sport Unit 8 – Planning and Running a Sports Event 1.1 - Be able to plan a sports event 2.1 - Be able to contribute to the organisation of a sports event 3.1 - Be able to contribute to the running of a sports event	Unit 8 – Planning and Running a Sports Event 4.1 & 4.2 - Be able to review the success of a sports event