

Intent

James Brindley School provides a high-quality Physical Education programme that inspires pupils of all abilities to **thrive** and succeed. We have **high aspirations** for all our pupils and so the program has been designed to build character, confidence and resilience, as well as provide opportunities for pupils to compete against others and their own personal bests. We also ensure that our pupils are taught leadership, communication, organisation, problem solving and teamwork skills. The competitive elements of the programme enable pupils to learn how to play fairly, respect others and play by the rules. Our program is fully **inclusive** and through discussion and working in groups and teams, we celebrate our differences. As a department we pride ourselves on the positive relationships we have with our pupils and through building their confidence and self-esteem we **nurture** them so they can express their feelings and emotions. Activities help promote health and fitness and challenge pupils to develop physically, socially, and mentally. Through taking part in a range of activities pupils are encouraged to step outside their comfort zone. In order to do this, we ensure that pupils feel **safe** by creating a **nurturing** environment in which they can take risks. Pupils will have the opportunity to participate in inter-sector competitions and go on trips and visits to further develop their curiosity and develop their understanding of the subject area.

The Physical Education department has a flexible approach to working with pupils and is fully **inclusive**, offering pupils an element of choice in the activities they cover. The curriculum is personalised, and pupils have interventions in order to promote their SEMH, positive behaviour and full participation. Due to the **high aspirations** we have for our pupils, we have ensured that the curriculum provides opportunities for pupils to achieve qualifications in PE at Key Stage 4.

Implementation

The curriculum for Physical Education at James Brindley School aims to ensure that all pupils who are medically able:

- Participate and achieve in a broad range of activities suitable to their individual needs. **(Inclusion)**
- Are physically challenged and active for sustained periods of time. **(High aspirations)**
- Engage socially with their peers and show them respect. **(Thrive)**
- Engage in competitive sports and activities at various levels.
- Acquire an understanding of how to lead an active and healthy lifestyle **safely**.
- Encourage pupils to lead an active and healthy lifestyle. **(Nurture)**

Impact

We help motivate pupils to participate in a variety of sports through quality teaching that is engaging, personalised and fun. From our lessons, pupils take responsibility for their own health and fitness and leave with the knowledge for life- long activity and enjoyment of sport. We equip the young people with leadership, communication, teamwork, organisational and fair play skills that can then be used in further education and employment. Pupils can also achieve a BTEC Leadership Through Sport Level 2 qualification and BTEC Level 2 Public Services qualification. As a department we measure impact through the outcomes of the pupils, pupil voice, participation and engagement levels in lessons and through post 16 choices.