

E-Safety Update – Parental Controls

With pupils at home now some parents have asked for help with parental controls of screentime. All major consoles now offer some very effective systems that parents can use to limit and control the play time, content rating and even internet and chat access.

This website offers a step-by-step guide to setting the controls for:

- Nintendo Switch
- PS4/PS3
- XBOX One / XBOX 360
- Windows PC
- WII U
- Nintendo 3ds
- PlayStation Vita

<https://www.esrb.org/about/settingcontrols.aspx>

Apps for Parental Control

There are also several useful apps that can be used for monitoring mobile phones. Again, these can be used to restrict certain apps and their content, limit the time that the phones can be used and monitor the location of the device.

<https://familytime.io/>

<https://www.qustodio.com/en/>

TikTok

TikTok is a very popular social media app at the moment. There are some very useful tips and guidance about the app and its use:

<https://www.net-aware.org.uk/networks/tiktok/>

<https://www.common sense media.org/blog/parents-ultimate-guide-to-tiktok>