

# What Is Autism?

Autism is a developmental disability. People with autism are born with it and will always have it. It affects the way that they communicate and how they relate to other people. It also affects how they make sense of the world around them.

Autism is a 'spectrum condition'. This means that some people are severely affected, whereas others are only mildly affected, and all levels in between. All people with autism share certain difficulties, but all are affected in different ways.

People with autism need support and understanding so that they can develop strategies to enable them to lead a normal life.



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